

[15 Sample Athletic Resumes and Letters](#)

(I've added other resources since I originally published this article so I'm now up to 22 samples. Recently, I've only been adding resources that offer something other than a generic resume template. However, if I come across a great sample only resume, I'll be sure to include it.)

There are plenty of samples of athletic resumes/profiles on the internet. It's just tedious going through all the search results to find something useful. Well, I've just saved you the trouble—you can thank me later.

And yes, you should have an athletic resume. If for no other reason, having the resume will allow you to easily complete all of the online profiles teams require prospects to complete. This way the information will be all in one place.

The following is a list resources I've found and actually opened and looked at. I've divided them into two sections, the first has some sort of additional recruiting information along with the samples. The second section includes just sample resume and letters.

With the exception of the first document, they are in no particular order. The resources in the samples only section aren't any better or worse than those that provide some sort of guide as well. In fact, I've included some even if I didn't think they were so great (and indicate such) so you might only open these to use for comparison purposes.

I didn't include just one best because sometimes you'll find the best solution for you is to use a little something from a variety of sources. For all of these sources, be sure to double-check with the [NCAA](#) and [NAIA](#) for the latest information since very few of these guides are updated on a regular basis.

[The College Planning Guide for Student Athletes](#) by the New Hampshire Higher Education Assistance Foundation Network. This is one resource I recommend everyone download. It includes a sample resume and cover letter but so much more. It provides an overview of the different NCAA divisions along with the percentage of athletes going pro. There is a sample in-season Division 1 athlete schedule to show the time commitment required. Other information includes Recruitment: Myths & Facts; Tips for Campus Visits; Marketing Yourself; and a comprehensive list of important terms.

Plus Recruiting Guide

Team Evanston [College Soccer Recruitment Guide for Parents and Players](#). Comprehensive guide for soccer recruiting. Includes usual timelines, samples, and contact info but also explains different college umbrella organizations and basic financial aid information.

West Islip [High School Guide to the College Bound Athlete](#). Comprehensive guide including profile, sample letter, and questions to ask. Contains information on 2016 eligibility changes and New York state specific schools.

St. Ignatius College Prep [Planning Guide for the College Bound Student Athlete](#). Comprehensive guide that includes a checklist grid you can use for tracking your recruiting contacts with colleges. Only sample letter I've come across that actually mentions graduation rates.

Academy of the Holy Cross [The NCAA & College: What You Need to Know About Playing Competitive Sports in College](#). Contains a sample volleyball resume and cover letter. Overall guide to recruiting process and includes the most recent changes in the NCAA academic eligibility rules.

South Windsor [A College Admissions Guide for the Student Athlete](#). From 2007 so double-check the NCAA information. Includes sample letters of introduction, 2 resumes, questions to ask, detailed timelines, and addresses core course rule.

Peddie School [A Guide for College Bound Student-Athletes](#). Basic overview with an explanation on the National Letter of Intent. Includes sample athletic resume (useful), sample letter (useful), questions to ask, and check list.

Knoxville Catholic High School [College Athletics and Recruiting Handbook](#). Detailed description of the recruiting process. Provides numbers of players who make it to the next level and what it means when a coach contacts you. Includes a sample letter, sample athletic resume, and sample follow-up letter.

Deerfield High School [College Bound Student-Athlete Planning Guide](#). Good, concise overview of the recruiting process. Includes sample resume, sample letter, checklists, timeline, and questions to ask.

Collegiate Soccer Academy [Soccer Resume](#). Only resume I've seen that includes an a link to a video setup as an image so that it look embedded. Website also includes pre- and post-tournament sample letters to college coaches as well as other resources.

Montgomery County Public Schools [The Student Athlete's Game Plan](#). Like other guides, the NCAA information is probably dated. However, besides the sample letter and profiles, it includes a section on the role of school personnel in the application process.

Capital Area Soccer League [College Guide and College Letter Samples](#). Overview of the recruiting process with sample letter and resume. Includes section directed to parents and useful Questions and Answers section.

NCSA [Writing a Recruiting Resume](#). Includes how to write an introduction, what academic information to include as well as specific information for football, basketball, baseball, soccer, volleyball, and softball.

Sample Resume and Letter Only

[T20 Aquatics](#). Basic sports resume for a swimmer. Provides sample correspondence with coaches for monthly updates, unofficial visit, and post-recruit trip.

[My College Tracker](#). Includes a sample letter and profile. I wouldn't use them. The profile is just basic headings. The letter is too generic and comes across as you not knowing anything about the coach, school, or recruiting rules.

Gateway Region Volleyball [Sample Athletic Resume](#). The focus is volleyball but still a good example to use.

Orinda Aquatics [Sports Resume, Cover Letter & Correspondence](#). Word document that has a sample resume, coaches letter, and samples of other letters to keep the coach updated including a thank you letter. (In links after Junior Year)

Campolindo High School [Sample Student-Athlete Resume](#). Nothing special but some might find the sample letter useful.

Chesapeake Lacrosse [Sample Resume and Cover Letters](#). Basic sample letter and resume.

Midwest Water Polo [Sample Resume and Cover Letter](#). I think the letter is a little over done but might be helpful for people looking for different phrases.

Humble [Sample Athletic Resume](#). Something to look at if only for formatting ideas. This is the format for the profile I used for my son ([DIY Profile](#)).

Castro Valley Soccer Club [PDF soccer resume template](#). Nice set-up for club members since they only have to fill-in the blanks.

Make Sure You Send Your Profile to the Schools Will Recruit You
[Get Your Copy of the DIY College Rankings Baseball Spreadsheet](#)

More Resources for Finding and Paying for College

Best Free Resources for Finding and Paying for College Guide

Guide to 17 free PDFs, spreadsheets, and websites. [Click here to get your free copy.](#)

College Financial Aid Timeline

What you need to know about financial aid starting with high school juniors. [Click here to get your free copy.](#)

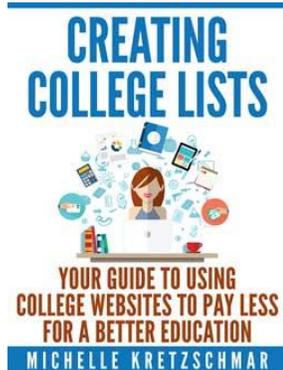
College Application Tracker Spreadsheet

[Free spreadsheet](#) to track your college application deadlines. Includes a financial timeline.

50-50 PDF College Listing

Listing of all colleges by state that have at least a 50% acceptance rate and 50% graduation rate in a [PDF format](#).

Don't have any idea of where to go to college?



Here's how to start making your list of colleges. If you're willing to step away from the rankings spotlight, you can find some impressive programs at great values. All it takes is a little time and a visit to one of the most ignored resources in creating a college list: the college website. [Find out more.](#)